




IDAHO DEPARTMENT OF
HEALTH & WELFARE

ISSH
Census & Client Needs

Sue Broetje
ISSH Administrator

Broad Examples of Consumer Characteristics

- **Note:** The following examples of consumer characteristics are included to demonstrate the significance of the range of services currently provided by ISSH.
- By intention, some of the more difficult examples of each major consumer group type was included.




Broad Examples of Consumer Characteristics

Consumer A: Male, age 36. Initially admitted on 3/24/03 from jail. Discharged from ISSH back to jail on 7/23/06 due to failure to comply with probation criteria. Readmitted to ISSH from the jail on 6/17/07. Sexual Offending Behavior primary reason for admission.

DIAGNOSTIC IMPRESSIONS:

- Impulse control disorder, with sexual inappropriateness and also violence at times, along with substance abuse.
- Probable borderline intellectual functioning disabilities of uncertain type.
- Probable learning disability
- Hypertension.
- Severe stressors.
- Current GAF* is approximately 35
- Indicates major impairment




* Global Assessment of Functioning used to subjectively rate the social, occupational, & psychological functioning of adults - Scale of 1-100 in increments of 10. Lower number reflects higher impairment.

Broad Examples of Consumer Characteristics

General Overview:

- History of inappropriate sexual activity including sexual fetishes
- History of neglect, physical abuse, and medical neglect
- Sexually abused by cousins and lived in 11 foster homes between the ages of 8 and 14
- Fire setting behaviors
- High risk to re-offend if not maintained under close supervision
- Sexual history data documents over 100 victims of sexual abuse
- Conviction of rape and inappropriate contact with children
- Registered sex offender




The consumers served who have similar characteristics are generally independent in self-help skills, but may need prompting. More complex activities of daily living such as meal preparation, budgeting, shopping for personal items require support and training. 24 hour supervision is required to ensure community safety as this type of person tends to be opportunistic.

Broad Examples of Consumer Characteristics

Consumer B: Male, age 20. Admitted on 10/15/2007 from jail. Aggression and dangerous behavior primary reason for admission.

DIAGNOSTIC IMPRESSIONS:


- Bipolar, type 2, hypomania with psychotic symptoms – wide mood swings from high (manic) to low (depressed).
- Post traumatic stress disorder, chronic.
- Intermittent explosive disorder (characterized by repeated episodes of aggressive violent behavior which is grossly out of proportion to the situation)
- Probable mild mental retardation.
- Organic brain problems secondary to a cerebella stroke and a frontal lobe stroke.
- Renal abnormality noted on CT scan.
- Nocturnal enuresis (bed-wetting).
- Stated severe stressors from being in jail recently and also having to be at ISH.
- Current GAF is approximately 20 (danger of hurting self or others)



Broad Examples of Consumer Characteristics

General Overview:

- History of engaging in targeted behaviors that are dangerous to self or to others.
- Specific and common behaviors include verbal threats, assaulting others, throwing/breaking things, hitting and kicking others, including police, suicidal and homicidal statements, running away from supervision, fire setting, animal cruelty, non-compliance, and self-injury.
- Has been to jail for assault charges and also placed on probation.
- Hospitalized at State Hospital South on May 15, 2003 and discharged July 28, 2003. Precursors to hospitalization involved intense anger, suicide tendencies, and self injury.
- Often talks about the "evil spirits" that take over his body and he does not control those times.
- Required 1:1 staff assignment to protect others from assaults (staff and consumers)




The consumers served who have similar characteristics require heavy staffing levels to protect others from harm. Multiple (2-5) staff may be required to restrain in times of extreme violence. Injuries to staff are common. Staff must be vigilant to ensure protection to other consumers and to intervene in attempts to harm self.

Broad Examples of Consumer Characteristics

Consumer C: Female, age 21. Admitted on 5/22/2006 from State Hospital South. Self-abuse is primary reason for admission.

DIAGNOSTIC IMPRESSIONS:


- Schizoaffective disorder, bipolar type (includes such things as delusions, hallucinations, & paranoia, as well as manic-depressive mood swings).
- Post traumatic stress disorder.
- Rule out dissociative disorder, NOS. (i.e., a disruption in the usually integrated functions of consciousness, memory, identity, or perception of the environment) that does not meet the criteria for any specific Dissociative Disorder
- Borderline personality disorder (pervasive instability in moods, interpersonal relationships, self-image, & behavior)
- Mild to moderate mental retardation.



Broad Examples of Consumer Characteristics

General Overview:


- Multiple scars on the extremities secondary to self-injurious behavior (cutting on self)
- History of impulsive behaviors, low frustration tolerance, emotional instability, physical aggression, overdosing, PICA (swallowing non-edible objects) assaults/aggression, suicide ideation (threats and attempts), fire-starting, obsession with death
- Requires intensive 1:1 supervision (at arms length with staff constant visual on hands) to prevent self-harm



Broad Examples of Consumer Characteristics

General Overview (cont):

1. The consumers served who have similar characteristics are one of the most challenging, primarily due to high rates of self-abuse.
2. Borderline Personality Disorder is particularly challenging as it is treatment resistant (neither therapy or medication is consistently successful in alleviating symptoms).
3. The vast array of materials in the normal environment which can be used for self-harm (e.g., staples from a magazine, cement walls for scratching, broken glass in a park, pencils, and pens, hand lotion, shampoos, eating utensils – an unlimited array of objects) make it extremely difficult to provide protection. Supervision is constant and extremely intense and requires switching staff every half to full hour.




Broad Examples of Consumer Characteristics

Consumer D: Male, 49 years old. Long term resident; admitted 9/25/1985 for behavioral issues.

DIAGNOSTIC IMPRESSIONS:

- Bipolar disorder, NOS-improved overall (Bipolar features but does not meet criteria for a specific Bipolar Disorder)
- Intermittent explosive disorder—somewhat improved.
- Pervasive Developmental Disorder, Autism
- Profound Mental Retardation




Broad Examples of Consumer Characteristics

General Overview
Requires prompting and training to complete activities of daily living

- Non-verbal – communicates through facial expressions, gestures, limited number of signs
- Low frequency, low intensity behaviors which may include assaults or leaving the area of supervision

The consumers served who have similar characteristics require staff assistance for completion of self-care activities which may range from verbal prompting to full physical assistance. More complex activities of daily living have to be completed for this type of person although some adapted participation is frequently possible (helping to stir food, handing clerk's money). When behaviors occur they can generally be handled with one staff although there may be infrequent times of high intensity that additional staff are needed.




Broad Examples of Consumer Characteristics

Consumer E: Male, 23 years old. Admitted 5/11/88. Medically Fragile status reason for admission.

DIAGNOSTIC IMPRESSIONS:

- Profound mental retardation secondary to hemophilus meningitis during infancy
- Seizure disorder secondary to the hemophilus meningitis
- Cortical blindness secondary to the hemophilus meningitis
- Pharyngeal (throat) paralysis secondary to the hemophilus meningitis
- Status post gastrostomy with Nissen Fundoplication due to pharyngeal paralysis
- Spastic quadriplegia secondary to the hemophilus meningitis
- History of recurrent aspiration pneumonia which has been partially resolved with placement of the gastric tube
- Obesity
- Osteopenia (bone mineral density is lower than normal)
- Gynecomastia (development of abnormally large mammary glands in males resulting in breast enlargement)
- Possible Asthma
- Mild C-shaped scoliosis (curvature of the spine)




Broad Examples of Consumer Characteristics

General Overview

- Totally dependent upon staff assistance for all activities of daily living
- Extremely limited, non-purposeful motor movement
- Nutrition received via gastrostomy tube
- Visual impairment with inconsistent reaction to sounds, movement, and touch
- Communicates by smiling, vocalizing, laughing, facial expression, changes in muscle tone

The consumers served who have similar characteristics need 24-hour nursing supervision to ensure health safety. Staff must provide full assistance to complete all daily activities (dressing, bathing, grooming, etc.) for the person, although some may be able to partially participate (such as extending an arm through a sleeve).



Service Provision Challenges


Idaho State School and Hospital currently serves 74 individuals who have extremely differing needs.

1. **Staff Training:** The facility staff must be trained and knowledgeable to address such issues as:

- sexually offending behavior,
- violent and aggressive behavior,
- mental health disorders,
- autism,
- Mild to significant intellectual disabilities,
- significant physical disabilities,
- visual and hearing disorders, and
- significant health disorders.

2. **Consumer treatment and training needs range** from teaching basic job skills to addressing basic eye contact and encouraging independent motor movement.

3. **Consumer abilities** range from needing occasional reminders or prompts to requiring full physical assistance to participate in activities of daily living.



Service Provision Challenges

4. **Appropriate residential placement options** pose multiple challenges. Both prudent practice and regulations require that the grouping of individuals in residential units takes into consideration:

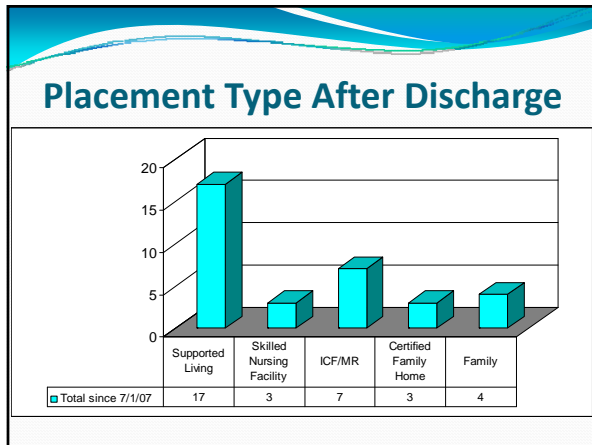
- individual needs,
- functional levels,
- age,
- interests,
- social skills and
- does not endanger the health, safety or development of any individual.

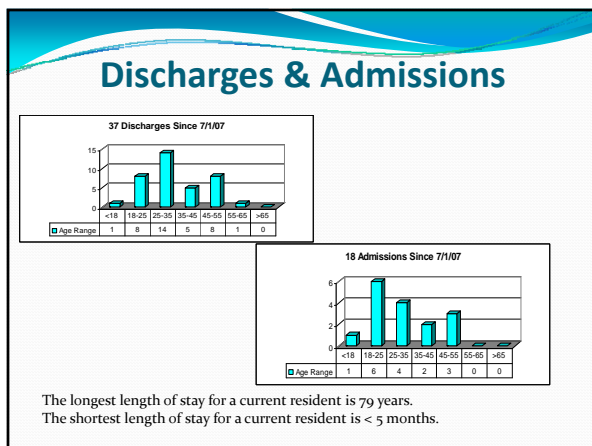


Admission & Discharge Report

For Period From July 1, 2007 – June 30, 2009

	Total since 7/1/07
Consumers discharged (includes deceased)	37
Admissions (includes the 3 readmissions & those from the crisis beds)	18
Consumers deceased	3
Discharged that were readmitted	3
Admitted to SHS crisis bed	6
Admitted to ISSH from SHS crisis bed*	5
Admitted to ISSH crisis bed	8
Admitted to ISSH from ISSH crisis bed	2
ISSH census on July 1, 2007	93
ISSH census on June 30, 2009	74






Total Expenditures by Type

FISCAL YR	PERSONNEL	OPERATING	CAPITAL OUTLAY	TRUSTEE & BENEFITS	TOTAL
2002	81%	17%	1%	1%	100%
2003	78%	21%	0%	1%	100%
2004	80%	18%	0%	1%	100%
2005	81%	17%	1%	1%	100%
2006	80%	17%	1%	1%	100%
2007	81%	17%	0%	1%	100%
2008	80%	17%	1%	2%	100%
2009	83%	15%	1%	1%	100%

ISSH Bond Payment for Three Newest Buildings



- 3 Residential buildings constructed in 2002
- 25 year Bond – 2002 through 2027
- Annual cost \$650,843
- Funding sources for the Bond:
 - Federal Funds = \$542,571
 - General Funds = \$108,272
